

REHABILITATION PROGRAMS DIVISION ONLINE DISTANCE TRAINING COURSES

Thank you for your interest in the Texas Department of Criminal Justice – Rehabilitation Programs Division online distance education program.

The Rehabilitation Programs Division has developed these on-line training courses to be utilized by clinical staff working with TDCJ offenders to obtain continuing education hours for license renewal. These courses cannot be applied to the required hours needed for LCDC Counselor Intern Registration (Rule §140.406(b) Texas Administrative Code). These courses can be applied to the CCJP or CCJP-A 270 hours of education if the subject falls within the 8 core functions.

RPD is currently seeking approval from other licensing boards to utilize this online distance training for licensure renewal. Upon notice of approval, the professions to which the classes may apply will be added. In addition, several other sessions are currently under development.

It is recommended that the sessions listed below be done in sequence for better understanding of the material. However, it is not required to receive credit.

Course RPD1013	Understanding Addiction Covers basic information on chemical dependency: definitions for withdrawal, tolerance, physical and psychological dependence, theories of addiction, possible causes and contributing factors along with research into various treatment methods are discussed.	1 Hr
Course RPD1014	Anger Management Discusses the psychological and physiological effects of anger on the individual and those around them who are impacted. Identifies common interventions to deal with anger and violent thoughts, such as positive self-talk, time outs and relaxation techniques.	1 Hr
Course RPD1015	Self Help, Mutual Help, and Recovery Groups Clarifies self/mutual help groups and their significance in all current modalities of treatment. Provides a history of Alcoholics Anonymous and the formation of the 12 Steps. Discusses the 12 Steps and 12 Traditions in a manner that would allow direct care staff, who have no experience with AA, to have a basic understanding of how the steps work. We then explore the various types of secular and non-secular self-help groups that offer services for various substance abuse and behavioral disorders.	3 Hr
Course RPD1016	Introduction to Relapse The session introduces a variety of relapse prevention methods and suggested techniques while familiarizing participants with the signs of relapse.	1 Hr
Course RPD1017	HIV-AIDS	3 Hr

This class offers participants a didactic overview on the difference between HIV and AIDS, how HIV is transmitted, as well as, identifying the methods of prevention. It also looks at how substance abuse is directly related to HIV infections.

Course RPD1018	Sexually Transmitted Diseases This class offers participants a didactic overview on common sexually transmitted diseases (STDs), how they are transmitted, the trends (both in the United States and Texas), treatment options, as well as the consequences to the four causes of transmission.	3 Hr
Course RPD1019	Trans-Disciplinary Ethical Principles & Responsibilities in Professional Counseling Though each specific discipline in Professional Counseling has ethical codes and standards, this class identifies common issues and problems which arise in the counseling profession.	3 Hr
Course RPD1020	Non-Violent Crisis Intervention This class offers the student valuable information regarding how they should safely manage offenders who find themselves in crisis.	3 Hr

At the end of each session, there is a test (**for credit**). You must print and complete the test for submission, as noted below. You will be required to score at least 70% correct or better to receive credit for the course.

An individual may only complete an on-line session and receive credit once during a two (2) year period for a particular license or certification.

To receive credit, you must send a completed Information Sheet and the original completed Test(s) to:

TDCJ - RPD
Sonya McCray
Two Financial Plaza, Ste: 370
Huntsville, TX 77340
Phone: (936) 437-2830
sonya.mccray@tdcj.state.tx.us

Due to training schedules and existing workload, participants should not expect the results of their submission for approximately two weeks from the time all information is received.

It is our hope that these sessions will enhance your ability to provide continuous quality care to aid in the rehabilitation process.