

The background of the report cover is a faded photograph of the Texas State Capitol grounds. In the center is the Star of Life monument, a tall, dark, tapered column topped with a large five-pointed star inside a circular frame. To the left of the monument is a flagpole with the United States flag, and to the right is a flagpole with the Texas state flag. The scene is set during a soft sunset or sunrise, with a warm orange glow on the horizon and silhouettes of trees in the distance.

# **Texas Department of Criminal Justice**

## **2020 Female Programming Report**

**December 2020**

# **Texas Board of Criminal Justice**

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## Introduction

Texas Government Code 501.026 was added to statute during the 86th Texas Legislative Session by House Bill (HB) 3227. The statute requires the Texas Department of Criminal Justice (TDCJ) to develop and implement policies that increase and promote its incarcerated female inmates' access to programs, including educational, vocational, substance use treatment, rehabilitation, life skills training, and pre-release programs without a reduction or limitation to male inmates' access to a program. The statute requires the TDCJ to prepare a written report describing any policies that were created, modified, or eliminated during the preceding year to meet the requirements of this section, as well as a list of programs available to female inmates in the custody of the department during the preceding year.

## Female Inmate Demographics

As of September 30, 2020, the TDCJ housed 8,818 female inmates in 18 facilities. These facilities, which housed and offered varying program opportunities for female inmates, are:

TDCJ Facility	Population as of Sept. 30, 2020
Crain Unit	1,439
East Texas Treatment Facility*	163
Goree Unit	26
Halbert Unit	208
Henley State Jail	183
Hilltop Unit	376
Hobby Unit	1,218
Hospital Galveston	13
Jester IV Unit	4
Lockhart Correctional Facility	791
Marlin Transfer Facility	443
Mountain View Unit	514
Murray Unit	997
Plane State Jail	1,204
San Saba Transfer Facility	423
Skyview Unit	59
Woodman State Jail	512
Carole Young Medical Facility	245
<b>TOTAL</b>	<b>8,818</b>

*\*Includes 163 Intermediate Sanction Facility inmates in programming.*

## Programming

It is the mission of the TDCJ to provide public safety, promote positive change in inmate behavior, reintegrate inmates into society, and assist victims of crime. The agency strives to accomplish this mission in innumerable ways, including the use of rehabilitative programming and services that incorporate evidence-based practices and principles.



In addition to the programmatic opportunities provided by TDCJ staff, the TDCJ partners with Windham School District (WSD), the Management and Training Corporation (MTC), and post-secondary educational institutions to provide academic and Career and Technical Education (CTE) programs. Through contracts with treatment providers, such as the University of Texas Medical Branch (UTMB), the TDCJ provides healthcare initiatives to its female population. Volunteer-led programs and classes are available at most female and co-gendered facilities. Religious services are provided by the TDCJ's Chaplaincy Department, with the assistance of Certified Volunteer Chaplain's Assistants.

Consistent with the charge of the Texas Legislature, the TDCJ has continued to increase access to programs for female inmates in TDCJ custody. Male inmates' access to programming has not been reduced or limited to expand access to programming for female inmates.

New rehabilitation programs are established based on inmate needs. The increasing needs of the female inmate population have led to program expansions in recent years.

## Policy Update

The TDCJ has numerous policies and procedures which govern all aspects of agency operations, to include rehabilitation treatment and educational programs. Some policies and procedures are gender-specific; others apply to both male and female inmates but may have gender-specific components.

During 2020, the TDCJ created Administrative Directive 07.34, “Programming for Female Offenders.” This directive was created to further emphasize the importance of female programming, including the promotion of gender-informed programs and partnerships with community-based organizations, non-profit organizations, and volunteer groups to expand opportunities for female inmates in the custody of the TDCJ. It also outlines reporting expectations established by HB 3227, 86th Texas Legislature in Government Code 501.026.

The TDCJ’s Manufacturing, Agribusiness and Logistics (MAL) Division revised the Offender Work and Training Programs policy. The revision includes language that emphasizes the importance of seeking opportunities to increase the availability of training and certification programs for female inmates without decreasing training opportunities for male inmates.

## Programs Available to Female Inmates

Rehabilitation programs have become an integral part of the TDCJ system. Over the years, the TDCJ began to identify ways in which educational, CTE programs, and life skills training, as well as mental health treatment, would make an even larger impact in the lives of inmates who would be reentering society. Female inmates have a multitude of programmatic opportunities in which they can participate. New additions for the 2020 calendar year are indicated with “\*NEW.”

### Educational

Peer Education is a collaborative effort between the TDCJ and the AIDS Foundation of Houston that provides additional educational opportunities facilitated by trained inmate peers. Peer Education programming offered to females through the TDCJ Health Services Division (HSD), MTC, and TDCJ Rehabilitation Programs Division (RPD) include the following:

- **Wall Talk** is a course that presents facts, assesses attitudes, and aides in the development of skills necessary to protect against common sexually transmitted infections, HIV, and AIDS. Inmates learn the overview of the infection, how it is transmitted, symptoms, testing, treatment, and prevention.



This program is available at the following facilities: Carole Young, Crain, East Texas Treatment Facility, Halbert, Henley State Jail, Hilltop, Hobby, Lockhart Correctional Facility, Marlin, Mountain View, Murray, Plane State Jail, San Saba, and Woodman State Jail.

- **Woman to Woman: Inside and Out** is a gender-specific module with expanded curriculum that encompasses women's health issues. This program is available at the following facilities: Carole Young, Crain, Halbert, Henley State Jail, Hilltop, Hobby, Lockhart Correctional Facility, Marlin, Mountain View, Plane State Jail, San Saba, and Woodman State Jail.
- **Somebody Cares** is centered on improving participants' knowledge, attitudes, and intentions so that they may care for their health following release. This program is available at the following facilities: Carole Young, Crain, Henley State Jail, Hilltop, Hobby, Lockhart Correctional Facility, Marlin, Mountain View, Plane State Jail, San Saba, and Woodman State Jail.
- **Best for Baby** focuses on childhood development, stages of pregnancy, and parenting skills. This program is available at the following facilities: Carole Young, Crain, East Texas Treatment Facility, Hilltop, Mountain View, Murray, Plane State Jail, San Saba, and Woodman State Jail.
- **Parenting and Reunification** is a two-part course aimed at improving the incarcerated parent's relationship with their child and planning for reunification upon release. This program is available at the following facilities: Carole Young, Crain, East Texas Treatment Facility, Hilltop, Mountain View, Murray, Plane State Jail, San Saba, and Woodman State Jail.

The TDCJ-RPD, WSD, and MTC offer a wide variety of interactive, communication-based educational and life skills training opportunities ranging from courses in basic academia to advanced CTE specialties.

Life skills and pre-release programs offered by the WSD include:

- **Parenting & Family Wellness** supports the development of healthy family relationships and includes topics such as well-being and nutrition. This program is available at the following facilities: Crain, Hilltop, Hobby, Murray, Plane State Jail, and Woodman State Jail.
- **Changing Habits and Achieving New Goals to Empower Success (CHANGES)** life skills program is a pre-release course including instruction in personal and emotional development, healthy relationships, responsible living, drug education, health, and reentry. This program is available at the following

facilities: Carole Young, Crain, Hilltop, Hobby, Marlin, Mountain View, Murray, Plane State Jail, San Saba, and Woodman State Jail.

- **Cognitive Intervention** teaches students to meet their needs without trespassing on the rights of others using role play and exercises in interpersonal problem solving. This program is available at the following facilities: Crain, Hilltop, Hobby, Mountain View, Murray, Plane State Jail, San Saba, and Woodman State Jail.

Life skills and pre-release programs offered by MTC include:

- Workplace Skills, available at Lockhart Correctional Facility
- Career Planning, available at Lockhart Correctional Facility
- Financial Literacy, available at Lockhart Correctional Facility
- Re-Entry Road Map, available at Lockhart Correctional Facility
- Law Enforcement Interaction, available at Lockhart Correctional Facility
- CHANGES, available at East Texas Treatment Facility

Basic academic programs offered to female inmates by the WSD include:

- Literacy, High School Equivalency, High School Diploma
  - High School Diploma, offered at San Saba by Mullin ISD
- English as a Second Language

Basic academic programs offered to female inmates by MTC include:

- Literacy, available at Lockhart Correctional Facility
- High School Equivalency, available at the following facilities: East Texas Treatment Facility and Lockhart Correctional Facility
- High School Diploma, offered by the Goodwill Excel Center High School, available at Lockhart Correctional Facility

Supplemental and specialized programs offered to female inmates by the WSD include:

- Family Literacy (anticipated start School Year 2021)
- Special Education
- Title I





Post-Secondary Education offered through the TDCJ's partnerships with institutions of higher learning gives inmates an opportunity for rehabilitation by developing their mental skills and providing marketable job-training skills so they can reenter society as successful, productive citizens.

Courses offered to females through the TDCJ-RPD include:

- Associates of Arts Degree (online) offered by Central Texas College at Mountain View <sup>\*NEW</sup>
- Associates of General Studies (ASG), offered by Central Texas College at the following facilities: Crain and Murray
- Bachelor of Applied Arts & Science, Major in Business Occupations, offered by Texas A&M Central Texas at the following facilities: Crain and Murray
- Bachelor of Business Administration, Major in Management, offered by Texas A&M Central Texas at the following facilities: Crain and Murray

Courses offered to females offered by MTC and the University of Texas at Lockhart Correctional Facility include:

- College Readiness
- English
- Math
- Theatre
- Introduction to Sociology

## Career and Technical Education (CTE)

CTE programs offered to female inmates through the TDCJ-RPD or MTC in conjunction with 12 community college partners include:

- Culinary Arts & Hospitality, offered by Central Texas College at Crain
- Horticulture, offered by Lee College at Plane State Jail
- Logistics, offered by Austin Community College at Lockhart Correctional Facility and by Lee College at Plane State Jail
- Manufacturing (Production Technician), offered by Austin Community College at Lockhart Correctional Facility
- Office Administration, offered by Central Texas College at Crain
- Welding, offered by Austin Community College at Lockhart Correctional Facility

CTE programs offered by the WSD include:

- Agriculture, Food, and Natural Resources
  - Horticulture/Urban Farming, available at Mountain View (anticipated start School Year 2021)
  - Landscape Design, Construction, and Maintenance, available at Mountain View
- Architecture & Construction
  - Advanced Electrical (anticipated start School Year 2021)
  - Computerized Numerical Control (CNC), available at Hobby
  - Construction Carpentry, available at Hobby
  - Construction Fundamentals, available at the following facilities: Crain, Hilltop, Hobby, Murray, Plane State Jail, and Woodman State Jail
  - Electrical Trades, available at the following facilities: Crain and Woodman State Jail
  - Electronic Systems Technician, available at the following facilities: Plane State Jail and Woodman State Jail
  - Finish Carpentry/CNC, available at Hilltop
  - Heating Ventilation Air Conditioning (HVAC) Maintenance Technician, available at Crain
  - Heating Ventilation Air Conditioning (HVAC) Service Technician, available at Crain
  - Introduction to Construction Careers, available at the following facilities: Hilltop and Woodman State Jail <sup>\*NEW</sup>
  - Masonry (anticipated start School Year 2021)
  - Pipefitting (anticipated start School Year 2021)
  - Plumbing, available at Crain <sup>\*NEW</sup>

- Welding, available at Murray
- Arts, A/V Technology & Communication
  - Vocational Career Preparation-Communication (VCP-Com) and Media Systems – Literacy, Math, Textile, and Textbook Formatting made available in partnership with the TDCJ at the following facilities: Mountain View and Murray



- Health Science
  - Medical Office Support Specialist, available at Crain <sup>\*NEW</sup>
- Hospitality
  - Culinary Arts, available at the following facilities: Crain and Plane State Jail <sup>\*NEW</sup>
  - Customer Service Specialist, available at the following facilities: Halbert, Marlin, and Woodman State Jail <sup>\*NEW</sup>
  - Hospitality and Tourism, available at Murray
  - Restaurant Management, available at Crain
- Human Services
  - Cosmetology, available at Mountain View <sup>\*NEW</sup>
- Information Technology
  - Business Computer Information Systems (BCIS) Access and Outlook, available at Hobby
  - BCIS Word and Excel, available at the following facilities: Crain, Hobby and Woodman State Jail
  - Business Information Management, available at the following facilities: Plane State Jail, and Woodman State Jail <sup>\*NEW</sup>
  - Exploring Information Technology, available at the following facilities: Plane State Jail, and Woodman State Jail <sup>\*NEW</sup>
  - Principles of Information Technology (anticipated start School Year 2021)
- Science, Technology, Engineering and Mathematics (STEM)
  - Audio Video Entertainment, available at Woodman State Jail
  - Copper Network Cabling, available at the following facilities: Plane State Jail and Woodman State Jail
  - Energy Management, available at Plane State Jail
  - Fiber Optic Network Cabling, available at the following facilities: Plane State Jail and Woodman State Jail
  - Grounding and Bonding, available at Woodman State Jail
  - Telecommunications Technology, available at the following facilities: Plane State Jail and Woodman State Jail
- Transportation, Distribution & Logistics
  - Automotive Fundamentals, available at Hobby <sup>\*NEW</sup>
  - Recreational Vehicle Service Technician (anticipated start School Year 2021)
  - Truck Driving, available at Hilltop



- Work & Career Readiness
  - OSHA Construction, available at the following facilities: Crain, Hobby, Mountain View, Murray, and Woodman State Jail
  - OSHA General, available at the following facilities: Halbert, Henley State Jail, and Plane State Jail
  - OSHA 30 Construction, available at Woodman State Jail <sup>\*NEW</sup>
  - Professional Communications - Strength Through Restoration, Independence, Vision and Empowerment (STRIVE), available at Mountain View

CTE programs offered to female inmates by MTC:

- Culinary Arts, available at Lockhart Correctional Facility
- Printing and Imaging, available at Lockhart Correctional Facility
- Business Information Management, available at Lockhart Correctional Facility
- Open Office, available at Lockhart Correctional Facility
- OSHA 30 Construction, available at Lockhart Correctional Facility

## Certifications

The TDCJ, community colleges, MTC, and WSD collaborate to provide inmates opportunities to earn an industry-recognized certification.

- **National certification** may be earned by successfully passing an approved test specific to a type of trade or skill.
- **Third-party certification** may be earned by successfully completing training whereby the curriculum is provided by a private entity.



The following are industry-recognized certifications female inmates may earn:

- Automotive Service Excellence (ASE)
- Braille Proofreader, Library of Congress
- Braille Textbook Formatting, National Braille Association
- Braille Transcriber
  - Literary, Library of Congress
  - Mathematics, Library of Congress
  - Music, Library of Congress
- C-TECH
  - Telecommunications
  - Copper Cabling
  - Fiber Optics
  - Energy Management
  - Audio Video
  - Grounding and Bonding
  - Information Technology
- Electronics Technicians Association (ETA)
- Environmental Protection Agency (EPA) 608 & 609
- Forklift Operator Safety Training, Overton Safety Training
- iCEV Southwest Airlines Professional Communications
- Mainstream Engineering
  - Preventive Maintenance Technician (PM-Tech)
  - R410A
  - Green Environment
  - Indoor Air Quality
- Microsoft Office Systems (MOS)
- National Center for Construction Education and Research (NCCER)
  - Construction Carpentry
  - Construction Site Safety
  - Core
  - Electrical
  - Electronic Systems Technician
  - Masonry
  - Pipe Fitting
  - Plumbing
  - Welding
- National Restaurant Association (NRA) ServSafe certifications Food Handler and Food Manager
- North American Technician Excellence (NATE)
  - Core
  - Installation Specialties
  - Service Specialties



- Industry Competency Exam (ICE)
- Occupational Safety Health Administration (OSHA 10- and 30-hour Construction and Industry)
- ShopBot
- Texas Department of Licensing and Regulation (TDLR) Cosmetology
- Texas Department of Public Safety (TxDPS) Commercial Driver License (CDL) Class A, B, and C
- Texas Nursery and Landscape Association (TNLA)
- Unified English Braille Proficiency, Library of Congress
- Unified English Braille Technical, Canadian National Institute for the Blind
- Unified English Braille Update, Canadian National Institute for the Blind

## Female Work and Training Programs

The TDCJ-MAL division collaborates with the WSD, post-secondary educational institutions, and other entities to offer marketable job skills training to incarcerated inmates to increase their reentry success with post-release employment readiness.

**Job Skills Training** is designed to provide inmates the opportunity to work in a job that is general in nature and learn skills to prepare them for employment upon release. Job Skills Trainings are initiated at the facility level and instructed by facility staff. Job Skills Training available to female inmates include:



- **Baling Machine Tender**
- **Bindery Worker**
- **Button Sewing Machine Operator**
- **Cleaner, Industrial**
- **Clipper (Industry)**
- **Cloth Spreader**
- **Cutter, Hand I**
- **Cutter, Machine I**
- **Cylinder Press Operator**
- **Embroidery Machine Operator**
- **Eyelet Machine Operator**
- **Farm Worker, General II**
- **Farm Worker, Hog Feeder Slab**

• Farm Worker, Livestock
• File Clerk I
• Garment Folder
• Garment Inspector
• Invoice Control Clerk
• Janitor
• Lithographic Platemaker
• Maintenance Repairer Helper, Industrial
• Material Coordinator
• Material Handler
• Parts Order and Stock Clerk
• Production Clerk
• Production Coordinator
• Quality Assurance Technician
• Serging Machine Operator
• Sewing Machine Operator, Semi-Automatic
• Sewing Machine Repairer
• Sewing Machine Repairer Helper
• Shipping and Receiving Clerk
• Shop Tailor
• Stock Control Clerk
• Strapping Machine Operator
• Thread Cutter
• Trimmer, Hand

**On-the-Job** training programs are designed to provide inmates the opportunity to work in a job and learn skills that are technical in nature to prepare them for employment that is directly related to a specific trade. On-the-Job training programs are administered at the facility level. On-the-Job training programs available to female inmates include the following positions:

• Accounting Clerk
• Alteration Tailor
• Automobile Service Station Attendant
• Braille Typist
• Clerk, General
• Clerk, Typist
• Computer Operator (Clerical)
• Computer Peripheral Equipment Operator (Clerical)
• Farm Equipment Mechanic I
• Farm Equipment Mechanic II

• <b>Graphic Arts Technician</b>
• <b>Graphic Designer</b>
• <b>Industrial Truck Operator</b>
• <b>Jacket Preparer, Print Shop</b>
• <b>Machinist</b>
• <b>Maintenance Mechanic</b>
• <b>Maintenance Repairer, Factory</b>
• <b>Offset Press Operator I</b>
• <b>Proofreader</b> <sup><i>*NEW</i></sup>
• <b>Stock Clerk</b>
• <b>Tool Crib Attendant</b>
• <b>Tractor Operator</b>
• <b>Warehouseman</b>
• <b>Welder, Arc</b>
• <b>Welder, Combination</b> <sup><i>*NEW</i></sup>

**Apprenticeship** programs offer educational and occupational training opportunities in craft areas. All crafts have standards-of-work processes that are registered with the United States Department of Labor Office of Apprenticeship. Qualified staff in the facility generally teach the apprenticeship training course during off-duty hours. The apprenticeship programs available to female inmates are:

• <b>Cook</b>
• <b>Electrical</b>
• <b>Graphic Design</b> <sup><i>*NEW</i></sup>
• <b>Heating, Ventilation, and Air Conditioning</b>

**Short Course** programs are approved and coordinated in conjunction with the WSD, which is generally up to 200 hours in length. These courses prepare inmates to earn industry certifications through technical instruction and support TDCJ job assignments at the Braille Facility. Short Course Programs available to female inmates through the VCP-COM and Media Systems program are:

• <b>Literacy</b>
• <b>Math</b>
• <b>Tactile</b>
• <b>Textbook Formatting</b>

## Substance Use Treatment, Rehabilitation, and Pre-Release Programs

The TDCJ provides a continuum of substance use treatment services, rehabilitation, pre-release programs, and accountability appropriate to the needs of individual inmates from the time of commitment to the termination of community supervision or parole to help reduce recidivism and improve public safety. These programs include the following:

- **Intermediate Sanction Facilities (ISFs)** provide an alternative to incarceration for parole or probation clients to address supervision violations and criminal conduct. These clients are removed from the community and housed in a secure facility for a period of 45- to 90-days to receive intervention driven by individual assessments. Programming provided to ISF inmates includes a substance use and/or cognitive component, education, and life skills courses aimed at helping the client successfully complete supervision and avoid revocation. Female ISF inmates at the East Texas Treatment Facility may also be eligible to receive trauma-informed care through the Project Freedom program, a specialized class for victims of human trafficking offered by MTC.
- **The Substance Abuse Felony Punishment Facility (SAFPF) Program** is an intensive six-month therapeutic community treatment program for inmates who have been sentenced by a judge as a condition of probation or as a modification of parole/probation and have been determined to be substance using. Inmates who qualify as “special needs” may attend up to nine months. Programming consists of three phases. Criminal thinking errors and drug-seeking behavior are exposed to intensive, respectful confrontation, and participants practice relapse prevention and pro-social problem-solving techniques. After completing the in-prison phase, inmates participate in an aftercare continuum of care. Phases consist of the following:
  - Phase I - Orientation engages and assimilates the client into the treatment process and the therapeutic community.
  - Phase II - Main Treatment strengthens the client’s skills in autonomous decision-making, capacity for increasing self-management, and education and skill related to substance use disorder(s) and their effects.
  - Phase III - Reentry helps the client in sustaining meaningful recovery and identify relapse triggers and behaviors.

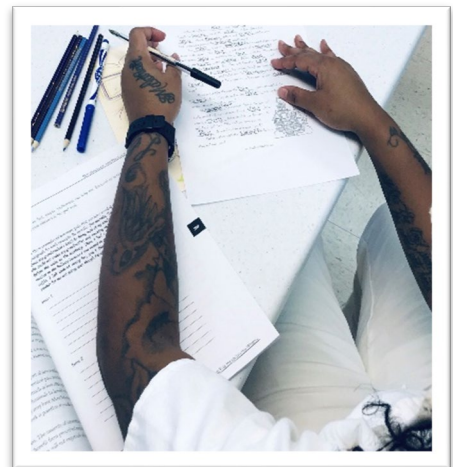
Aftercare provides the client the vital support and treatment services needed to maintain a drug-free lifestyle in the community. To achieve this goal, the coordination for Aftercare Services begins while the client is involved in the treatment program at the facility and involves both a specific relapse prevention and management plan, and an exploration of community resources. Aftercare phases consist of the following:

- Phase I - Transitional Treatment Center Residential Services (up to 90 days) or Phase I-B/4-C - Outpatient Care Services (up to 90 days);
  - Phase I-B - Intensive Outpatient placement alternative to transitional treatment residential services; or
  - 4-C - CJAD/CSCD Community Continuum of Care;
- Phase II - Supportive Outpatient Care Services (up to nine months); and
- Phase III - Support Group and Follow-up (up to 12 months).



- **The In-Prison Therapeutic Community (IPTC) Program** is an intensive six-month therapeutic community treatment program for qualified inmates who are required to participate as a condition of their parole as voted by the Texas Board of Pardons and Paroles (BPP). Programming is consistent with the SAFPF Program.

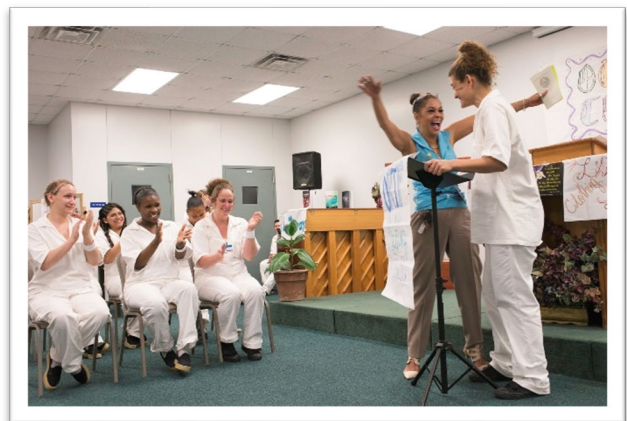
- **The In-Prison Driving While Intoxicated (DWI) Recovery Program** is a multi-modal six-month program developed for a complex population with diverse anti-social behavior issues and re-offending risk factors. The substance use treatment programming specifically targets those inmates who are incarcerated for a DWI offense. The curriculum is presented through didactic skills training and therapeutic group process, and includes a blend of evidence-based practices that focus on alternatives to drinking and driving, alcohol disorders, victim awareness, medical effects, lifestyles, stress, assertion, cognitive therapy, and journaling.
- **The State Jail Substance Abuse Program (SJSAP)** provides rehabilitation services for inmates who are confined in a State Jail Facility. The SJSAP is designed as a multi-modal program to accommodate the diversity of characteristics and individual needs within this specific program.
- **The Sex Offender Education Program (SOEP)** consists of a four-month curriculum to assist sex offenders assessed to pose a lower re-offense risk. This curriculum is conducted in a didactic format, providing information on a variety of topics (e.g., Healthy Sexuality, Anger and Stress Management, Interpersonal Relationships, Cognitive Restructuring) and is intended to provide the educational information to inmates in order to change their thinking patterns.
- **The Sex Offender Treatment Programs (SOTPs)** consists of a nine-month moderate (SOTP-9) and an 18-month intensive program (SOTP-18), both in a therapeutic community environment, which allows participants to receive immediate feedback about their behavior, as well as the opportunity to begin practicing new behavior on concepts learned in the program. The programs are designed to provide treatment services to participants based on risk level. The programs involve three treatment phases employing a cognitive-behavioral model, as well as concepts from the “Good Lives” model. The primary goal of the programs is to reduce the rate of re-offense and move the participants toward a more pro-social lifestyle.
- **The Sex Offender Civil Commitment Treatment Program (SOTP-CC)** is designed to provide treatment services to civilly committed sex offenders within 18 months of release. The program utilizes the cognitive-behavioral model, as well as concepts from the “Good Lives” model, to provide individualized treatment planning and need-specific interventions designed





to reduce the participants' risk to re-offend and enhance airpublic safety by providing continuity of care for a seamless transition from the TDCJ to the Texas Civil Commitment Office (TCCO).

- **Our Roadway to Freedom (ORTF)** is a three- to six-month intervention and recovery program targeting inmates that have had a past or current conviction or self-reported history of prostitution. Programming utilizes motivational interviewing, recovery coaching, and one-on-one case management to address criminal behavior, self-esteem, addiction, trauma and abuse issues, and identifying healthy relationships.
- **The Corrective Intervention Pre-Release Program (CIPP)** targets female restrictive housing inmates with self-help workbooks and coursework that covers emotional control, thinking errors, cultural diversity, and substance use education aimed at preparing inmates for release into the community. Participants have in-cell computer technology that allows for classroom-style interaction. Lessons are taught through a female perspective and allow for group recreation and treatment.
- **The Champions Youth Program** is a comprehensive, interdisciplinary program established for youthful inmates between 14 and 17 years of age who have been sentenced as adults. The program utilizes interventions such as education, life skills, creative expression, cognitive intervention, responsible thinking, and positive communication skills to focus on the problem behaviors and developmental aspects of the youthful population. A minimum of 10 hours of structured treatment services are provided each week to include individual and group counseling for all program participants. Program duration varies, as it is determined by age rather than completion of prescribed goals.
- **The Female Cognitive Pre-Release Program (FCPRP)** is a six-month pre-release program providing cognitive behavioral programming designed to impact criminogenic risk factor and enhance basic life skills. Topics addressed in the course include financial literacy, substance use education, anger management, familial relationships, criminal thinking, and victim awareness.



- **The WrapAround Program** is a transitional support program that provides a strong continuum of care component designed to meet the unique needs of female inmates. Community resource providers assist in promoting meaningful reentry by assisting with housing, education, job skills, counseling, female health and wellness, physical and sexual abuse intervention, and substance use treatment.

## Volunteer Programs

The agency places a significant focus on volunteer services realizing they are an essential element in the rehabilitation and re-entry of female inmates into the community. Volunteers assist in providing literacy and educational assistance, life skills, job skills, and parenting classes. Volunteers facilitate medical education and prevention training as well as arts and crafts programs, drug and alcohol rehabilitation programs, faith-based programming, and other programs. Below are examples of volunteer programs specific to the female inmate population.

- **Day with Mom Program** offers incarcerated mothers the opportunity to spend approximately six hours on a Saturday with their children and children's guardian. The family is permitted to visit, eat, and recreate together. They play board games, musical chairs, and compete in a coloring contest where everyone is a winner and prizes are given to the children. This valuable program offers families the opportunity to develop and strengthen relationships.
- **Empowered Women of Purpose (EWOP)** is a diverse program for women at the Lockhart Correctional Facility. Programming includes character development, including values-based decision making for emotional growth and healing, defining personal values, setting attainable goals, and making good decisions based on identified values. Team Building and conflict resolution are key elements that are studied and practiced within the program. Entrepreneurship, financial planning, project management, business strategy and career building classes help participants identify areas of interest, focus their skills, and learn new expertise. Executive volunteers and business students volunteer their time to help participants hone their business skills.
- **Patriot PAWS** is a service dog training program inside the Crain Unit. This partnership not only helps Patriot PAWS train more service dogs for disabled veterans but creates career opportunities for inmates after their release while providing a way for them to give back to the community during their incarceration. The Patriot PAWS/TDCJ partnership has exceeded all expectations and is widely considered to be one of the most successful programs of its type in the country.

- **Faith-Based Dorms** offer support and accountability, along with faith-based curriculum and mentoring programming. The programming is conducted by faith-based community volunteers whose activities are directed by the unit chaplain and unit administration. Faith based dorms are open to inmates of all faiths or no faith and generally include mentoring programs, family programs, rehabilitation programs, reentry programs, and spiritual growth groups/programs.

## **Strength Through Restoration, Independence, Vision, and Empowerment (STRIVE) Reentry Center**

STRIVE is a multi-divisional collaborative effort between various TDCJ divisions, including RPD, Reentry and Integration Division, and Parole Division, along with the WSD that is designed to prepare incarcerated women with a FI-2 Parole Vote, Mandatory Supervision Vote, or Flat Discharge for successful reentry.

The 12-week program utilizes a trauma-informed care approach to address issues such as domestic violence, sexual assault, childhood and adult trauma, gender socialization, parenting, and substance use. Educational programming includes goal setting, wellness, financial literacy, employment skills, and the opportunity to earn industry-recognized certifications in iCEV Southwest Airlines Professional Communications, ServSafe, and OSHA-10. Rehabilitation and reentry services include employment/career fairs, online job searches, employer speakers, and Family Day. The information and skills training offered through this program provide women the opportunity to empower themselves through self-reflection, knowledge, and understanding.

STRIVE launched its inaugural cohort in September 2019, with the first group graduating 33 participants. In December 2019, STRIVE doubled in size, allowing up to 64 participants per cohort. Since its inception, 110 participants have successfully graduated the STRIVE program, and an additional 28 participants are scheduled to graduate in December 2020.

Over the course of the program, each participant will complete a resume utilizing past work experiences and TDCJ job experiences. The participant will use their resume during career fairs, in which they will dress in professional attire and interview with prospective employers that have partnered with STRIVE to offer job opportunities. (Career fairs have been held virtually during the COVID-19 pandemic.) Many participants are offered employment during these interviews, and those who are not offered employment at that time are guaranteed a second interview for other possible positions.

In addition to the interview outfit, extra donations of clothes, shoes, bags, hygiene items, jewelry, and purses allow for each participant to leave with suitable clothing and accessories for both work and leisure. Participants leaving on parole will also go through the required orientation prior to release, which prevents them from losing a day of work to attend these mandatory trainings.



STRIVE also partners with multiple sober living houses that provide transitional housing, and referrals may be made to the Texas Office of the Attorney General and the Texas Department of Family Protective Services to aid with child custody cases and child support.

## **Baby and Mother Bonding Initiative (BAMBI)**

On average, 250 babies are born to TDCJ inmates each year. Most inmates will give birth at the TDCJ's Hospital Galveston facility following three months of prenatal care provided by the UTMB at the Carole Young medical facility. The prenatal classes provide soon-to-be mothers an opportunity to participate in educational programming that teaches them what to expect while expecting, as well as parenting and reunification skills.

The BAMBI program was created in April 2010 as a multi-divisional collaborative effort with the UTMB that allows for mothers and infants to bond in a secure residential facility for up to 12 months; longer stays are considered on a case-by-case basis.



As of September 30, 2020, 325 mothers and 331 infants have benefited from this program. The goals of the program are to increase the female inmate's self-development; increase social and cognitive competencies for mother and child; provide for the development of a positive and productive relationship between mother and child; enhance parenting and nurturing skills and abilities of incarcerated mothers; develop the mother's empathy and ability to place another's need above self; provide prompt, loving, and consistent care for infants to develop their sense of trust; and support healthy mother-infant attachment.



Preliminary screening of pregnant inmates for program participation is conducted by the TDCJ-RPD. Participation eligibility includes length of sentence, offense type, and custody status. After meeting initial eligibility, the UTMB will perform a medical screening. Upon approval for program participation, mother and infant will be screened again following delivery and arrangements for transporting them to the secure residential facility will be made by the facility's staff, TDCJ-RPD, UTMB, and Security Transportation.

Current program capacity allows for 22 mothers and their infants to reside in a unique setting that supports the mother while she completes her sentence and provides her baby with time to form a healthy attachment, which is important to healthy growth, socialization, and psychological well-being throughout the child's formative development. Over the course of the program, the mother will receive child development education, life skills, infant first aid and CPR, nutrition education, peer recovery, cognitive skills, anger management, and family reunification sessions. Additional programming may also include substance abuse education and GED classes.

## Female Specialized Medical Programs

In addition to programmatic opportunities, TDCJ recognizes the unique medical needs of the female inmate population. In response, TDCJ has developed specialized medical services and programs for female inmates' medical needs, including:

- The **Crain Infirmary**, opened in July 2020, is a 13-bed assisted living infirmary centrally located in the Gatesville area. Included in the new infirmary is an exam room with an electric high-low bed for patients with mobility issues, ADA accessible bathroom and shower facilities, and future telemedicine capabilities. *\*NEW*
- **Female Assistive Disability Services** (formerly the Physically Handicapped Offenders Program) offers assistance to women with disabilities such as hearing, vision, or mobility impairment.



- The **Developmental Disabilities Program** is a sheltered housing environment for treatment and programming related to female inmates with low to borderline intellectual functioning capacity.
- The **Love Me Tender Program** is a program in partnership with UTMB-Galveston that creates a warm, caring environment for mothers and their newborn infants. A secure visitation room is utilized for mothers to visit, feed, and bond with their babies.

Additional medical services offered through the TDCJ-HSD include:

- Behavioral Health Services
- Inpatient Hospice
- Mental Health Services
- Obstetrical Services



## Program Planning

In addition to new female programming opportunities identified in this report, there are plans to offer new or expanded programming opportunities to female inmates that were not yet available at the time of this report. These plans include the following programs for female inmates:

- The TDCJ is implementing a pilot program at Plane State Jail via an online platform using launch pad technology through ATLO Software to expand post-secondary education access for the female inmate population.
- The Heart of Texas Foundation and Scarborough College will partner with the TDCJ to establish the Female Field Ministry Program located at the Hobby Unit. The program will offer the selected candidates the opportunity to achieve a Bachelor of Arts in Biblical Studies. The female Field Ministers will then be assigned to female units around the state and provide faith-based mentorship and tier walking to other inmates. This program is scheduled to start in 2021, with plans to construct a 9,000 square foot facility.



- The Inner-Change Freedom Initiative (IFI), a Prison Fellowship program, for female inmates is being developed and implemented at the Crain Unit. The program emphasizes restorative justice, by which the inmate works to restore herself, her family, her victims, and community.

Through a regimen of life-skills training, academic instruction, job preparation, community-service opportunities, chapel and Bible studies, support groups,

and mentoring relationships, the IFI Program focuses on instilling transformational values often deficient in an inmate's life.

- The Mountain View facility will be providing Peer Recovery Support Specialist training to inmates.
- The TDCJ is in discussion with Texas Woman's University to develop a dual degree undergraduate program, as well as introduce an online master's degree program.
- The In-Prison Substance Use Treatment Program is a non-parole voted program aimed at providing rehabilitation treatment for inmates identified as having a need for substance use treatment. Clients will gain knowledge, skills, and education to improve themselves and lead a healthy lifestyle both inside and outside of the TDCJ.

The TDCJ and WSD are always working to identify inmate needs to offer inmates education, workforce training, health services, or rehabilitation program opportunities.



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