

**Cognitive Self Change-Basic**

24 CEU This 3 day class allows participants to practice the basic skill set utilized within the TDCJ Rehabilitation Programs Division cognitive self-change treatment model. Focus is placed on the Addiction/Offender Cycle, Thinking Reports, and introduction to the Self-Control model.

**Cognitive Self Change-Advanced**

16 CEU 2 day class. With an understanding of the basic skill set, the advanced class expands on more complex theories relating to the cognitive self-change treatment model. Such areas include: Social Learning Theory, Evidence Based Practices, Criminal Logic, Stages of Change, Basic Motivational Interviewing Skills, and using Role Play during treatment. Continual exercises help the participants practice these advanced skills.

**Participant must have taken Cognitive Self Change-Basic**

**Common Drugs of Abuse & Their Effects (Pharmacology)**

6 CEU This class provides a general overview on the history of drug use by offenders, how certain drugs affect the brain and body, the signs and symptoms of use, and the long term effects as well as short term damage while looking at recent trends both worldwide and nationwide.

**Correctional Awareness**

6 CEU This class explores why and how offenders manipulate counseling staff. It offers solutions to how staff can protect themselves from manipulation and keep themselves out of ethical and disciplinary quandaries.

**Counselor Presentation Skills**

6 CEU Counselor Presentation Skills helps the professional counselor organize and deliver successful presentations and training classes. Areas of discussion focus on: adult & adolescent learning theory, using lesson plans & outlines, presentation strategies, choosing and effectively using training aides, and utilizing classroom management techniques.

**Crisis Management/Intervention**

4 CEU This class helps the counselor appropriately identify an offender/individual in crisis and the steps involved to help the offender/individual function at a pre-crisis level. Participants also address the ethical responsibilities of reporting incidents where offenders pose an immediate risk to themselves or others.

**Cultural Competency in a Professional Counseling Environment**

4 CEU This class examines the merits and pitfalls of multicultural counseling within the corrections environment. It reviews traditional culture and sub-culture groups and compares them to the changing subculture of TDCJ's offender population.

**Effective Team Dynamics**

4 CEU Explores issues that hinder effective team development in the workplace. This class focuses on addressing the issues of staff conflict, and low productivity, as a result of poor team-dynamics or poor teamwork. .

**Encounters**

4 CEU Targeted training to give a greater understanding of one of the fundamental processes of the therapeutic community process – a greater understanding of facilitation skills, and knowledge of confrontation tools.

**HIV/Aids**

3 CEU This class offers participants a didactic overview on the difference between HIV and AIDS, how HIV is transmitted, as well as, identifying the methods of prevention. It also looks at how substance abuse is directly related to HIV infections.

**Motivational Interviewing**

20 CEU This class offers an in depth look at the principles, techniques, strategies and overall spirit used with Motivational Interviewing. The 2 ½ day training allows participants the opportunity to practice the skills that will help elicit behavior change in their clients as well as explore and resolve their ambivalence through intrinsic motivation.

**Professional Resiliency**

4 CEU This class takes an in depth look at the obstacles that prevent staff from maintaining a healthy, professional, resilience within the workplace. Open discussion encourages participants to identify these barriers and find solutions to overcoming the stress that counselors are faced with, within the treatment environment.

**Sexually Transmitted Diseases**

3 CEU This class offers participants a didactic overview on common sexually transmitted diseases (STD'S), how they are transmitted, the trends (both in the United States and Texas), treatment options, as well as the consequences to the four causes of transmission.

**Tailoring Interventions with Social Learning**

6 CEU This class gives insight into the social learning theory. Participants will explore the clinical aspects of three social learning components and learn how to apply those concepts in goal directed learning experiences in a therapeutic community setting.

**TC Change Domains**

4 CEU TC professionals must understand and evaluate the change process offenders experience while in the TC program. During this course, participants will focus on the “View of Right Living” within the community process that promotes positive change.

**TCU Mapping**

6 CEU This class will teach techniques used in node-link mapping that help identify communication barriers with clients in the early stages of treatment – making the treatment process more time efficient and productive.

**Therapeutic Community Experiential Training**

28 CEU During this 3 ½ day class, participants will experience what it is like to be an active member of the therapeutic community (TC) building process. Participants will experience how structure is utilized by participating in a working TC. The goal is to teach participants how to organize and maintain a functioning TC with offenders.

**Therapeutic Community Immersion Training**

22 CEU This 3 day class focuses on the Texas Department of Criminal Justice (TDCJ) Treatment Initiative and the Agency’s efforts to better recidivism rates in the Texas prison system. Representatives from all the appropriate TDCJ Divisions make presentations regarding their function and role in the Continuum of Care. One day is spent observing offenders participating in elements of a therapeutic community at one of TDCJ’s treatment facilities.

**Therapeutic Role Play and Facilitation**

4 CEU     Role play can be an excellent counseling technique for affective learning. However this technique can be difficult to master and can be damaging personally and professionally if not facilitated correctly. This class details how to develop and conduct a competent role play as a therapeutic tool.

**Classes in development:**

**RPD Leadership & Management**

**Basic Counseling Skills**

**Co-Occurring Disorders**