

Case Management

- 2 CEU This is a collaborative process of assessment, planning, facilitation, care coordination, evaluation, and advocacy for options and services to meet an individual's and family's comprehensive health needs through communication and available resources to promote patient safety, quality of care, and cost-effective outcomes.

Cognitive Self Change-Basic (Skills Training)

- 16 CEH This 2-day class allows participants to practice the basic skill set utilized within the TDCJ Rehabilitation Programs Division cognitive self-change treatment model. Focus is placed on the Addiction/Offender Cycle, Thinking Reports, and introduction to the Self-Control model.

Cognitive Self Change-Advanced

- 16 CEH This is a 2-day class. With an understanding of the basic skill set, the advanced class expands on more complex theories relating to the cognitive self-change treatment model. Such areas include: Social Learning Theory, Evidence Based Practices, Criminal Logic, Stages of Change, basic Motivational Interviewing Skills, and using Role Play during treatment. Continual exercises help the participants practice these advanced skills. Participants must have taken Cognitive Self Change-Basic.

Common Drugs of Abuse & Their Effects (Pharmacology)

- 6 CEH This class provides a general overview on the history of drug use by offenders, how certain drugs affect the brain and body, the signs and symptoms of use, and the long-term effects as well as short term damage while looking at recent trends both worldwide and nationwide.

Correctional Awareness

- 6 CEH This class explores why and how offenders manipulate counseling staff. It offers solutions to how staff can protect themselves from manipulation and keep themselves out of ethical and disciplinary quandaries.

Counselor Presentation Skills

- 6 CEH Counselor Presentation Skills helps the professional counselor organize and deliver successful presentations and training classes. Areas of discussion focus on adult & adolescent learning theory, using lesson plans & outlines, presentation strategies, choosing and effectively using training aides and utilizing classroom management techniques.

Cultural Competency in a Professional Counseling Environment

- 4 CEH This class examines the merits and pitfalls of multicultural counseling within the corrections environment. It reviews traditional culture and sub-culture groups and compares them to the changing subculture of TDCJ's offender population.

Effective Team Dynamics

- 4 CEH Explores issues that hinder effective team development in the workplace. This class focuses on addressing the issues of staff conflict, and low productivity, because of, poor team-dynamics or poor teamwork.

Encounters

4 CEH Targeted training to give a greater understanding of one of the fundamental processes of the therapeutic community process – a greater understanding of facilitation skills, and knowledge of confrontation tools.

Introduction to Case Manager

4 CEH This class introduces those that are new to case management and a nice refresher course to the veterans of case management. It explores the qualities and skills needed to succeed in the case manager role. The Participants will receive a greater understanding of what is needed to assist our clients.

HIV/AIDS

3 CEH This class offers participants a didactic overview on the difference between HIV and AIDS, how HIV is transmitted, as well as, identifying the methods of prevention. It also looks at how substance abuse is directly related to HIV infections.

Motivational Interviewing

20 CEH This class offers an in depth look at the principles, techniques, strategies, and overall spirit used with Motivational Interviewing. The 2 ½ day training allows participants the opportunity to practice the skills that will help elicit behavior change in their clients as well as explore and resolve their ambivalence through intrinsic motivation.

Non-Violent Crisis Intervention

4 CEH This class helps the counselor appropriately identify an offender/individual in crisis and the steps involved to help the offender/individual function at a pre-crisis level. Participants also address the ethical responsibilities of reporting incidents where offenders pose an immediate risk to themselves or others.

PREA

**2 CEH The PREA class will investigate on preventing, detecting, and responding to sexual abuse, sexual harassment, extortion, and acts of violence perpetrated against an offender.

** Participants must watch the TDCJ PREA video, which is not attached to the lesson.

Professional Resiliency

4 CEH This class takes an in depth look at the obstacles that prevent staff from maintaining a healthy, professional, resilience within the workplace. Open discussion encourages participants to identify these barriers and find solutions to overcoming the stress that counselors are faced with, within the treatment environment.

Role Play, A Therapeutic Strategy

4 CEH Role play can be an excellent counseling technique for affective learning. However, this technique can be difficult to master and can be damaging personally and professionally if not facilitated correctly. This class details how to develop and conduct a competent role play as a therapeutic tool.

Sexually Transmitted Diseases

3 CEH This class offers participants a didactic overview on common sexually transmitted diseases (STD'S), how they are transmitted, the trends (both in the United States and Texas), treatment options, as well as the consequences to the four causes of transmission.

Tailoring Interventions with Social Learning

6 CEH This class gives insight into the social learning theory. Participants will explore the clinical aspects of three social learning components and learn how to apply those concepts in goal directed learning experiences in a therapeutic community setting.

TC Change Domains

4 CEH TC professionals must understand and evaluate the change process offenders experience while in the TC program. During this course, participants will focus on the “View of Right Living” within the community process that promotes positive change.

TCU Mapping

5 CEH This class will teach techniques used in node-link mapping that help identify communication barriers with clients in the early stages of treatment – making the treatment process more time efficient and productive.

Therapeutic Community Experiential Training (TCET)

22 CEH During this 3 ½ day class, participants will experience what it is like to be an active member of the therapeutic community (TC) building process. Participants will experience how structure is utilized by participating in a working TC. The goal is to teach participants how to organize and maintain a functioning TC with clients.

Therapeutic Community Immersion Training – Parole Specific (Required by Parole)

22 CEH This 3-day class focuses on the Texas Department of Criminal Justice (TDCJ) Treatment Initiative and the Agency’s efforts to better recidivism rates in the Texas prison system. representatives from Parole, RPD, TCOOMMI, PFCOMD, CID and unit staff deliver presentations regarding their function and role in the Treatment and Continuum of Care for offender on parole supervision. Day Three is spent observing clients participating in elements of a therapeutic community at one of TCDJ’s treatment facilities.

Time Management

1 CEH This class brings awareness to the participants, their own role, regarding time management issues. The class provides strategies and tools to aid in the process of managing time for effectively and efficiently.