

Sunset Yogurt Shakes

Fat-free yogurt blended with refreshing fruit juice and crushed ice makes for a sensational anytime treat!

Plain or vanilla fat-free yogurt

Orange juice

Crushed ice

Sugar

Vanilla

Cranberry juice cocktail

- Place all ingredients except juice cocktail in blender (about 1/2 cup each yogurt, orange juice and crushed ice, 1 tablespoon sugar and 1/2 teaspoon vanilla per 2 servings). Cover and blend on high speed until smooth. Pour into glasses. Slowly pour a little juice cocktail over tops of shakes. Serve immediately.

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