

Medical Conditions that Do Not Meet the Criteria for a B&L Referral

A. The following are examples of conditions which should be handled at the facility rather than referred to specialty clinics:

1. Mild to moderate hallux valgus or hammer toe deformities.
2. Previous injuries or surgeries to feet without any deformity and/or function change for foot/ankle.
3. Heel spurs.
4. Patients with diabetes and/or HIV with peripheral neuropathies that do not create obvious weakness in ankles.
5. Mild peripheral vascular disease or venous insufficiency cases where feet/ankle exams have minor findings only.
6. Pes Planus (flat feet).
7. Leg length discrepancy of one half (1/2) inch or less.
8. Patients with back, knee, hip problems, but no pathology at feet/ankles.
9. Stroke patients without any obvious resultant effect on strength or functions of affected side.
10. Shoe size problems without other feet/ankle pathology (Shoe size issues without overt pedal pathology are the responsibility of Unit Necessities).
11. Skin conditions (i.e. psoriasis, eczema).
12. Planter Fasciitis.
13. Mild degenerative musculoskeletal changes to the back or lower extremities.

B. The following items should be stocked on the unit:

1. Cervical Collars.
2. Immobilizers.
3. 3D walking boots/fracture boots.
4. Surgical shoes/post op shoes.
5. Slings.