

**ATTACHMENT A****DRUGS ASSOCIATED WITH HEAT STRESS\***

	<b>Anhydrotic</b>	<b>Poikilothermic</b>	<b>Potentiator</b>
<b>Anticonvulsants</b>			
Topiramate (Topamax®)**	+		
Zonisamide (Zonegran®)**	+		
<b>Anticholinergics**</b>			
<b>Benzotropine (Cogentin®)</b>	+		
Hyoscyamine (Levbid®)	+		
Oxybutynin (Ditropan®)	+		
Trihexyphenidyl (Artane®)	+		
<b>Antihistamines</b>			
Cyproheptadine (Periactin®)	+	+	
<b>Diphenhydramine (Benadryl®)</b>	+	+	
<b>Hydroxyzine (Atarax®)</b>	+	+	
Promethazine (Phenergan®)	+	+	
<b>Antipsychotics**</b>			
ALL		+	
<b>Antidepressants</b>			
Clomipramine (Anafranil®)	+	+	
Desipramine (Norpramin®)	+	+	
Doxepin (Sinequan®)	+	+	
Imipramine (Tofranil®)	+	+	
<b>Nortriptyline (Pamelor®)</b>	+	+	
<b>Amitriptyline (Elavil)</b>	+	+	
<b>Antimanic</b>			
<b>Lithium carbonate (Eskalith)***</b>			
<b>Beta Blockers</b>			
<b>Atenolol (Tenormin®)</b>		+	+
<b>Metoprolol (Lopressor®)</b>		+	+
<b>Propranolol (Inderal®)</b>		+	+
<b>Carvedilol (Coreg)</b>		+	+
<b>Calcium Channel Blockers</b>			
<b>Amlodipine (Norvasc)</b>		+	+
<b>Diuretics</b>			
Furosemide (Lasix®)		+	+
<b>Hydrochlorothiazide (Hydrodiuril®)</b>		+	+

\* This list only includes some of the more common medications associated with heat stress and is not all-inclusive. The recommendations in this policy are meant to serve as guidelines and are not intended to substitute for the judgment of a physician or mid-level provider in providing appropriate health care.

\*\* These drugs have specific warnings from the manufacturer to avoid excessive heat and dehydration.

\*\*\*Although Lithium does not disrupt or interfere with the body's ability to regulate temperature, if an inmate treated with lithium becomes dehydrated, they are at an increased risk of lithium toxicity.

In general, inmates on antipsychotic drugs should not be allowed to work or recreate in environments where the apparent air temperature is 95° F or higher. This restriction should also be considered for inmates who are on other drugs classified as anhydrotics or poikilothermics or potentiators if they are on more than one such drug or if they also have an underlying medical condition that places them at increased risk, particularly at higher dosage levels of the drugs. Decisions about suitability of work assignments and recreation areas for these inmates will be made by facility medical staff.

D-27.2 Attachment A

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