

ATTACHMENT A**DRUGS ASSOCIATED WITH HEAT STRESS***

	Anhydrotic	Poikilothermic	Potentiator
Anticonvulsants			
Topiramate (Topamax®)**	+		
Zonisamide (Zonegran®)**	+		
Anticholinergics**			
Benzotropine (Cogentin®)	+		
Hyoscyamine (Levbid®)	+		
Oxybutynin (Ditropan®)	+		
Trihexyphenidyl (Artane®)	+		
Antihistamines			
Cyproheptadine (Periactin®)	+	+	
Diphenhydramine (Benadryl®)	+	+	
Hydroxyzine (Atarax®)	+	+	
Promethazine (Phenergan®)	+	+	
Antipsychotics**			
ALL		+	
Antidepressants			
Clomipramine (Anafranil®)	+	+	
Desipramine (Norpramin®)	+	+	
Doxepin (Sinequan®)	+	+	
Imipramine (Tofranil®)	+	+	
Nortriptyline (Pamelor®)	+	+	
Amitriptyline (Elavil)	+	+	
Antimanic			
Lithium carbonate (Eskalith)***			
Beta Blockers			
Atenolol (Tenormin®)		+	+
Metoprolol (Lopressor®)		+	+
Propranolol (Inderal®)		+	+
Carvedilol (Coreg)		+	+
Calcium Channel Blockers			
Amlodipine (Norvasc)		+	+
Diuretics			
Furosemide (Lasix®)		+	+
Hydrochlorothiazide (Hydrodiuril®)		+	+

* This list only includes some of the more common medications associated with heat stress and is not all-inclusive. The recommendations in this policy are meant to serve as guidelines and are not intended to substitute for the judgment of a physician or mid-level provider in providing appropriate health care.

** These drugs have specific warnings from the manufacturer to avoid excessive heat and dehydration.

***Although Lithium does not disrupt or interfere with the body's ability to regulate temperature, if an offender treated with lithium becomes dehydrated they are at an increased risk of lithium toxicity.

In general, offenders on antipsychotic drugs should not be allowed to work or recreate in environments where the apparent air temperature is 95° F or higher. This restriction should also be considered for offenders who are on other drugs classified as anhydrotics or poikilothermics or potentiators if they are on more than one such drug or if they also have an underlying medical condition that places them at increased risk, particularly at higher dosage levels of the drugs. Decisions about suitability of work assignments and recreation areas for these offenders will be made by facility medical staff.

D-27.2 Attachment A

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