

## Guidelines for Coding PUHLES

**P=Physical Capability** This factor describes general physical capacity. It includes conditions of the cardiovascular system, respiratory system, gastrointestinal system, genitourinary system, nervous system, hemopoietic system allergic, endocrine, metabolic and nutritional disease, dental conditions, diseases of the breast, and other defects, diseases and conditions which do not fall under other specific factors of the system. In arriving at a health classification under this factor, it is appropriate to consider physique and age.

**U=Upper Extremities** This factor describes function of the hands, arms, shoulder girdle, and spine (cervical and thoracic) in regard to strength, range of motion and general efficiency.

**L=Lower Extremities** This factor describes function the feet, legs, pelvic, girdle, lower back, and lower spine (lumbar and sacral) in regard to strength, range of motion, and general efficiency.

**H=Ears and Hearing** This factor describes hearing acuity, diseases and defects of the ear.

**E=Eyes and Vision** This factor describes visual acuity, diseases and defects of the eye

**S=Mental Health** This factor concerns personality, emotional stability, intellectual functioning and psychiatric disorders.

Designators	Code	Limitations	Examples
1	A	No assignment limitations	No significant functional or physiological impairment. Mental disorder in full remission.
2	B	Minor limitations in assignment	Loss of single digit, except thumb or index, mild visual deficits, mild to moderate hearing loss, obesity, age 40-49, small physique, non-serious mental disorder (i.e., depressive disorder, anxiety disorder).
3	C	No prolonged walking. No lifting more than specified pounds, Restricted physical activity.	Cardiovascular disease, poorly controlled hypertension, poorly controlled diabetes, severe arthritis, severe spinal column pathology, shoulder pathology, amputations of upper or lower extremities, disabling hands ulnar and radial nerve palsies, pregnancy, age 55 and older.
3	D	No exposure to heavy air pollutants. Restricted physical activity.	Asthma, emphysema, active tuberculosis or other pulmonary diseases.
3	E	Restricted to lighter, slower activities.	Well controlled hypertension, chronic back problems, cirrhosis, controlled diabetes, gross obesity, multiple finger amputations, Age: 50-54.
3	G	No work assignment where sudden loss of consciousness would be dangerous or where awareness of environment is required in order to avoid injury.	Seizure disorders, disorders producing syncopal episodes or vertigo, severe hearing loss, poor vision or blindness (one eye), loss of coordination.
3	K	No work assignment requiring excessive exposure to sunlight or high environmental temperatures.	History of heat strokes; extensive burn scars, history of skin malignancy or other skin disease aggravated by sunlight, which may potentiate chronic use of medication.

3	M	Multiple codes	Example: An inmate with organic heart disease and epilepsy will be classified as: P3MP. M=C&G. (The medical record should be noted to identify the codes.)
3	N	No jobs requiring understanding of complex instructions.	Serious mental disorders (depressive disorders with psychosis, psychotic disorders, organic brain syndrome)
4	P	Assignment only where secondary level medical care is available. Strict limitations to work assignment.	Seriously ill or disabled. Those requiring continuous medical or psychiatric supervision. Deaf mutes, wheelchair confinement (paraplegia), blindness (both eyes). Inpatient mental health care. Infirmery, extended care or assisted living inpatient offenders shall have PULHES designating P=4PT (temporary) or P=4PP (permanent). Offenders in inpatient mental health facilities shall have PULHES designating S=4PT.
4	I	Use only with modifier "D"	Currently housed in a Developmental Disabilities Program (DDP). Offender is without additional mental health treatment issues.
4	I	Use only with modifier "R"	Currently housed in a Developmental Disabilities Program (DDP). Offender has mental health treatment issues and is receiving counseling only.
4	I	Use only with modifier "T"	Currently housed in a Developmental Disabilities Program (DDP). Offender has mental health treatment issues and is receiving counseling and medication.

**D=Developmental Disability** This modifier indicates that the offender is currently diagnosed with a developmental disability. (Refer to UTMB Developmental Disabilities Program Manual Policy DDP B-1, Determination of Developmental Disability.)

**R=Remediable** This modifier indicates that correction or treatment of the condition is possible and medically advisable. An individual with this modifier will be re-evaluated at least every three months with revision of the health classification recorded. In mental health PULHES the R designator indicates the patient is receiving counseling but no psychiatric medication.

**T=Temporary** This modifier indicates that with further healing or convalescence, a higher physical capacity is expected to prevail. An offender with this modifier will be medically re-evaluated every three months with revision of the health classification recorded. Temporary modifiers are not used to reflect chronic disease. In mental health PULHES the T designator indicates the patient is receiving psychiatric medication.

**P=Permanent** This modifier indicates that no significant change in condition is expected.

**H=History** This modifier indicates a history of mental illness identified during the intake process or the offender was classified as a mental health patient during a previous incarceration. This type of offender is in full remission. Offenders classified as mental health patients NEVER revert to S1AP classification.