

RPD1020 Non-Violent Crisis Intervention Post Test

1. A crisis is a brief, non illness response to severe stress?
 - A. True
 - B. False

2. The following may be symptom(s) of a person in crisis?
 - A. Suicide attempt
 - B. Depression
 - C. Fighting
 - D. All of the above

3. Most who suffer a crisis will never recover without expert psychiatric help?
 - A. True
 - B. False

4. A situational (or accidental) crisis can result from:
 - A. Loss of Job
 - B. Divorce
 - C. Home invasion
 - D. Any of the above

5. A complex (or accidental) crisis can result from?
 - A. Hurricane flooding
 - B. Tornado
 - C. Violent assault
 - D. Any of the above

6. All stressful situations cause crisis.
 - A. True
 - B. False

7. If a counselor observes an offender in crisis and there is reasonable evidence to suggest he may pose a threat to himself or others, the counselor should immediately call?
 - A. Unit Warden
 - B. Unit Psychologist/Mental Health Professional
 - C. Security Staff
 - D. The Senior Counselor

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- 8** As a first responder in a prison setting, the most important factor to determine when seeing an offender in crisis is?
- A. Determine the type of crisis (developmental, situational, or complex)
 - B. Assess whether the offender poses a threat to self or others.
 - C. Identify the stage of crisis.
 - D. Gather information – Type, Severity, and Duration of crisis.
- 9** First responders are usually called to address an offender at what stage of crisis?
- A. Stage I – mounting tension
 - B. Stage II – Plateau of disorganization (chaotic)
 - C. Stage III – Mobilization (maximum arousal - attempting emergency solutions)
 - D. Stage IV – Adaptation or Maladaptation
- 10.** Who is well placed to manage and individual's crisis from start to finish?
- A. Correctional Officer
 - B. Senior Counselor
 - C. General Practitioner (may include a mental health professional)
 - D. Case Manager
- 11.** When talking to someone in Phase I or II crisis, one thing you should do includes?
- A. Allow the person to vent in a reasonable manner.
 - B. Verbally challenge the person and snap them back to reality.
 - C. Separate them from everyone and don't let them say anything for half an hour.
This will give ample time for them to adapt to the crisis.
 - D. Call in a trained crisis negotiator.
- 12.** In a prison setting, we want to isolate an offender in crisis because it?
- A. Protects other offenders.
 - B. May remove the offender in crisis from the source of the crisis.
 - C. Provides the offender some space to think.
 - D. All of the above.
- 13.** Of the choices below, which is the most obvious symptom of Stage III (Mobilization of all Internal and External Resources)?
- A. Signs of Depression
 - B. Assaulting Someone
 - C. Feeling Anxious
 - D. Feeling Chaotic

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- 14.** One goal of utilizing non-violent crisis intervention skills is to?
- A. Use learned skills and knowledge to reduce the number of offenders that experience crisis.
 - B. Minimize the risk for the offender to harm staff, other offenders, or himself.
 - C. Use caution while attending the Coconut Grove nightclub.
 - D. None of the above.
- 15.** Physical symptoms that an offender in crisis may be becoming violent include?
- A. Voice continues to get louder.
 - B. Red or flushed face.
 - C. Balled fists
 - D. All of the above.
- 16.** When dealing with an offender in crisis and begin to feel uneasy about your safety, you should practice the following?
- A. Call for assistance and have the offender restrained before you continue.
 - B. Stay out of striking distance.
 - C. Don't allow the offender to put his hands where you can't see them.
 - D. All of the above.
- 17.** Physical symptoms that an offender in crisis may be calming include?
- A. Dropped shoulders.
 - B. Eyes remain dropped on the floor.
 - C. Anger is now directed towards staff.
 - D. None of the above.
- 18.** What variable(s) exist within a prison population that may increase the number of offenders in crisis and potentiate the reactions of those in crisis?
- A. CoOccurring Disorders
 - B. Substance abuse issues
 - C. Prison related stressors
 - D. All of the above.
- 19.** Within a prison setting you should allow an offender to vent anyway they choose?
- A. True
 - B. False

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- 20.** All people in crisis will react with a standard pattern of predictable behavior?
- A. True
 - B. False

Please Complete the Following:
(Please write legibly)

Name: _____

Address: _____

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Your TDCJ Division or Contracted Provider: _____

License Type & Number: _____

Date Session Completed: _____

Was the session of value to you? 1 2 3 4
 Not at all Somewhat Mostly Very

How and why?

What suggestions do you have for making the materials more relevant for you and your job?

If you have additional comments, you can write on the back or attach extra pages.

Send this completed test and your evaluation to:

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