

**SUBJECT: PROGRAM PHASES**

**APPLICABILITY:** Substance Abuse Felony Punishment Facility (SAFPF) Program

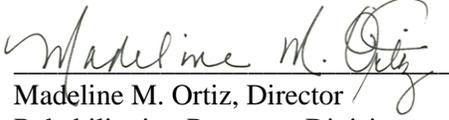
**PURPOSE:** To provide an overview of the program phases of the SAFPF.

**PROCEDURES:**

The Treatment Program shall be consistent with the therapeutic community model. Phase changes are based on the offender's participation in treatment. Changes are not contingent upon the amount of time an offender has spent in a particular phase (i.e., changes are not "time-driven").

- I. Phase I/Orientation (Average – 30 days) – to engage and assimilate the offender into the treatment process and the therapeutic community.
- II. Phase II/Main Treatment (Average – 90 days for regular needs, 4-6 months for special needs) – to strengthen the offender's:
  - A. Skills in autonomous decision-making;
  - B. Capacity for increasing self-management;
  - C. Skills in relapse prevention; and
  - D. Transitional planning.
- III. Phase III/Re-Entry (Average – 60 days) – to help the offender in sustaining meaningful recovery and to identify relapse triggers and behaviors.
- IV. Aftercare – to provide the chemically dependent offender the vital support and treatment services needed to maintain a drug-free lifestyle in the community. To achieve this goal, the coordination for Aftercare Services begins while the offender is involved in the treatment program at the unit and involves both, a specific relapse prevention and management plan, and an exploration of community resources.
- V. Relapse – for offenders who have relapsed and have returned to the program. The Relapse Phase is intended to provide those offenders who have relapsed with intensive treatment that specifically addresses individual relapse issues. Returning offenders shall be initially placed in the Orientation phase for not longer than fifteen (15) days to complete the relapse evaluation. The entire Relapse Phase shall not be longer than four (4) months in duration for regular needs offenders and five (5) to six (6) months for those offenders with special needs. If it is determined that an offender must remain in the Relapse Phase longer than prescribed above, a program extension shall be recommended by the Treatment Team and submitted to the SATP Intensive Treatment Section Program Supervisor V (PS V) or designee in writing within 48 hours. *Please refer to SATOM 03.12 for further information regarding program extensions.*
- VI. Each phase reinforces the offender's involvement in a 12-step-based philosophy of recovery (i.e., AA, NA, CA, or approved alternative secular group) and in community support groups (i.e., Winner's Circle).

- VII. The offender shall be typically involved in four (4) hours of treatment per day and four (4) hours of education classes or work while in the TDCJ. Offenders who are characterized as regular needs shall be scheduled to work no less than four(4), but not more than six (6) hours per day, unless emergency circumstances prevail (e.g., natural disaster, etc.). Offenders who are characterized as special needs shall not be scheduled to work more than four (4) hours per day.

  
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